

Best Practices for Morphine Use in Cancer Pain Management

Cancer-related pain is manageable! With proper treatment, 90-100% pain relief is possible. Follow these essential guidelines for the safe and effective use of morphine:

Morphine does not cause addiction when taken as prescribed, but your body may **need a higher dose** over time, which is normal.

Do not stop the medicine even if pain reduces; stop only on your doctor's advice.

Morphine can cause **constipation**. Take the laxative prescribed by your doctor regularly.

Mild drowsiness, **dizziness, nausea, or itching** may occur initially but usually go away in a week. Do not stop the medicine because of these.

Get the medicine **only from the hospital** or medical team, as it is not available outside. Store it safely **away from children** and those who may misuse it.

Do not share your medicine with others—it is illegal and unsafe.

Call your doctor immediately if:

- Pain is not well controlled
- You feel too drowsy
- You have severe constipation
- Your morphine stock is running low

Follow your doctor's advice for safe and effective pain relief.